



South Mountain Conservancy

South Mountain Reservation Stewardship and Advocacy

SMR Hikes – Winter 2016-17

These hikes are sponsored by the South Mountain Conservancy and are free and open to all, including children 10 and older with their families. Get to know your park better in the company of others who enjoy the outdoors. You do not need to register. Just be at the starting point about 10 minutes ahead of time so the hike can start promptly. Times are our best estimates, but can vary depending on conditions, and the size and pace of a group. If you have any questions, call the leader. Steady rain cancels, but intermittent drizzle does not. Bring water. **Wear hiking boots with good traction and traction devices if there is ice or snow on the ground.** For directions to starting locations, go to www.somocon.org/about-the-reservation. Note: Dogs are not allowed.

General Locations:

Tulip Springs Picnic Area: Tulip Springs is 0.4 miles north of the traffic light on the corner of South Orange Ave. and Brookside Dr./Cherry La. or 0.8 miles south of the light at Northfield and Cherry/Pleasant Valley. After turning off of Cherry La., make an immediate right turn to reach the parking area.

Friday, December 30 (10-11:30): Family Hike to Hemlock Falls in Ice

We will hike about 1 ½ miles at an easy pace and see the falls iced in if the temperatures are right. A beautiful sight. Good for families with children 4 and older. **Meet at:** Tulip Springs parking area (see above). **Leader:** Dave Hogenauer 9973-901-0824

Saturday, January 14th (10:30 - 12:30), Roads and Trails

A stroll through a series of woods roads and back trails for a total of just about 3 miles. **Meet at:** The Dog Park; drive to the top of the mountain on S. Orange Ave. and turn south on Crest Drive. In half a mile when you reach the barriers across the road, turn right to the parking area. Follow signs to Dog Park. **Leader:** Lou Nocito (973) 953-7099

Sunday, January 29 (10-12:30) Tulip Springs

Leader's choice of trails depending on weather and underfoot conditions. 4 - 5 miles. Hiking boots a must and traction devices if there is ice or snow on ground. **Meet at:** Tulip Springs (see above). **Leader:** Bijoy Mechery cell 908-487-8482 (day of hike only)

Sunday, February 12th (10:00 - 1:00): Lenape-Oakdale Combo

About 4 miles. **Meet at:** Mayapple Hill off Northfield Avenue located west (uphill) on Northfield Ave., 0.1 mile from the intersection with Pleasant Valley Way. **Leader:** Lou Nocito (973) 953-7099

Saturday, February 18 (10 – 12:30): Mayapple Hill

Leader's choice of trails depending on weather and underfoot conditions. 4 - 5 miles. Hiking boots a must and traction devices if there is ice or snow on ground. **Meet at:** Mayapple Hill off Northfield Avenue located west (uphill) on Northfield Ave., 0.1 mile from the intersection with Pleasant Valley Way. **Leader:** Bijoy Mechery cell 908-487-8482 (day of hike only).

Sat., February 25: 11:00am-1:00pm: Fairy Trail & Hot Chocolate Family Hike

Need a good reason to pack on the layers and get the kids outside? Join us for a short hike along the Fairy Trail/Rahway River Trail and warm up with a cup of hot cocoa to follow. All ages welcome. Heavy snowfall or rain will cancel hike. Wear boots with traction. **Meet at:** Locust Grove parking area off on Glen Ave across from the Millburn First Aid squad (197 Glen Ave. by GPS.). **Leader:** Lori LaBorde: 201-739-2207 (cell).

Sunday, March 12th (10:00 - 12:00) Tulips Springs to Hemlock Falls and Around: Starting from Tulip Springs, we'll cross over South Orange Ave, pass Hemlock Falls and then loop our way back. **Meet at:** Tulip Springs (see above). **Leader:** Lou Nocito (973) 953-7099