



2019 South Mountain Reservation

Mayapple Trail Runs

100K, 50K, 20 miles, 10 miles
Saturday, May 11th, 2019

2019 Course Map

100K (E then W loop, 3 times)

1. East Loop Out (Solid Orange)
2. East Loop Back (Blue-White)
3. West Loop Out (Solid Purple)
4. West Loop Back (Yellow-Black)

20 Mile (W then E loop)

1. West Loop Out (Solid Purple)
2. West Loop Back (Yellow-Black)
3. East Loop Out (Solid Orange)
4. East Loop Back (Blue-White)

50K (E, W, E loops)

1. East Loop Out
2. East Loop Back
3. West Loop Out
4. West Loop Back

10 Mile (W loop)

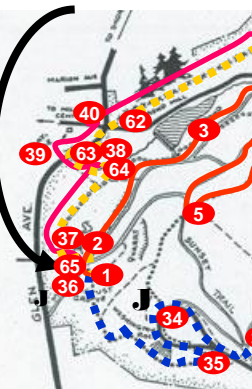
1. West Loop Out
2. West Loop Back

Ribbon Key: West Loop: Out-Solid Purple; Back-Yellow/Black Stripe
East Loop: Out-Solid Orange; Back-Blue/White Stripe

West Loop

(10.2 m., no. 37-65)

Locust Grove Picnic Area
(Start, End, & Aid Station)



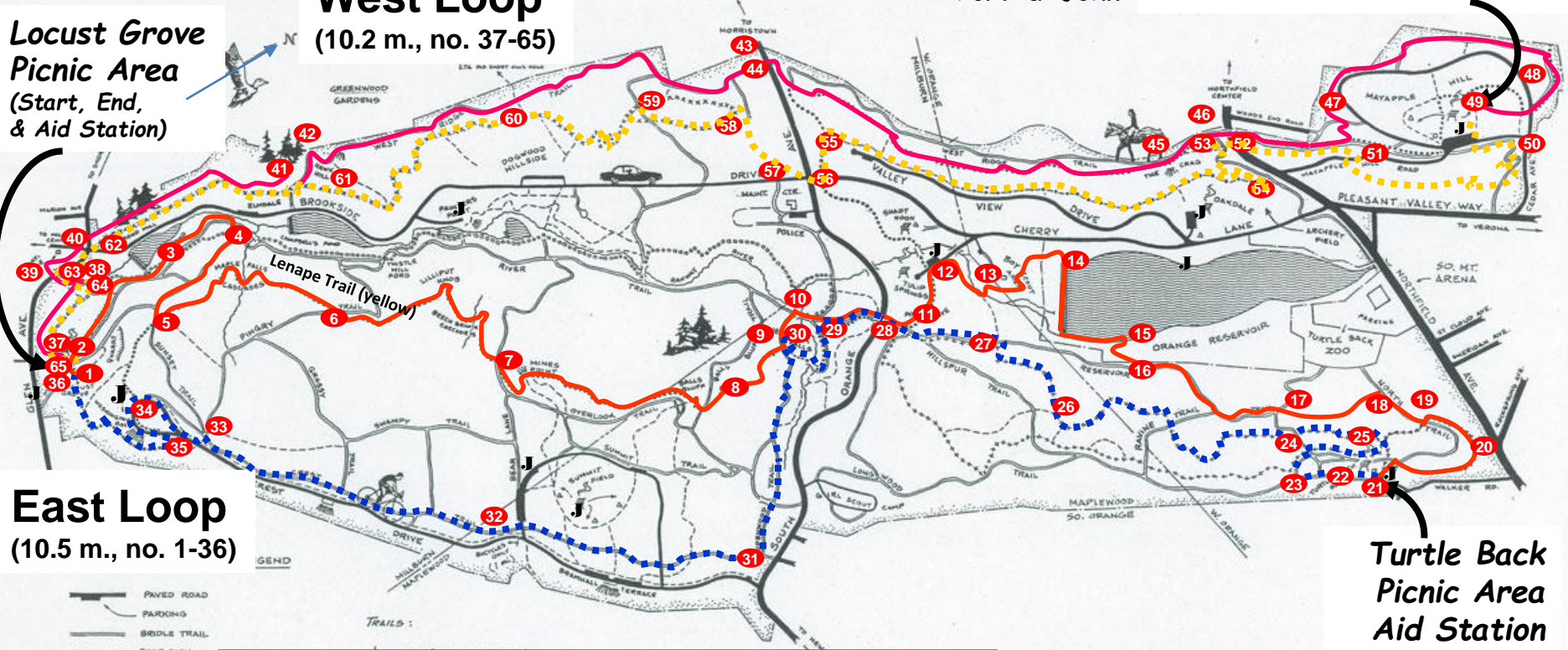
East Loop

(10.5 m., no. 1-36)



J = Port-a-John

Mayapple Hill Picnic Area Aid Station



Turtle Back Picnic Area Aid Station

Problem? Call Race Directors:
Dennis Percher, 973-868-6994, Eli Scheiman, 267-255-1822
Medical Emergency? CALL 911
If south of S.O. Ave.. Contact Millburn-Short Hills First Aid, 973-564-7005
If north of S.O. Ave., Contact West Orange First Aid, 973-325-4049

